

# How to prepare for your photo session!

The first step is done, you've made your appointment!! Here are a few tips that I have learned along the way for the shoot to run smoothly, and to look your best!

**Clothing** - Try to limit patterns and have no logos - these date photos - and we want to be able to look back at these pictures years later and still love them!! For family photos, you do not need to "match" each other, but I do recommend that you "go" together, and you don't clash!

**Makeup** - The camera has the tendency to fade us out, so I recommend using a bit more makeup than you would generally wear (if you wear none - wear some, if you wear some - wear more!) especially around the eyes. False lashes are great if you're comfortable with them, so you can really make those eyes pop! If you are setting up for a boudoir session, a session with a great makeup artist is an awesome way to spend an hour and feel pampered - I know some great ones if you need a referral!

**Your home** - If you are having a newborn session in your home, warm your house a few degrees warmer than normal. Undress baby (with just a diaper on), then wrap them in a receiving blanket to feed them just before I'm set to arrive. If you are wanting family photos with your new babe in your relaxed, home environment, I recommend clearing clutter on side tables as much as possible.

**Location** - If you are choosing an outdoor location for your session, and you are having a tough time, try thinking about where you like to go together on a regular basis. Sometimes the best places are where we go all the time, and we don't even realize it! Beacon Hill, Fort Rodd Hill, Finnerty Gardens, Hatley Castle, Gyro Park, Esquimalt lagoon, Mount Doug and Government house are where I frequent the most for my shoots!

**Nerves** - It's completely normal to feel nervous the first time you're getting your photos taken! I promise it will not be painful, and I will make it as easy as possible for you! The more relaxed you are in front of the camera, the more natural it will be to photograph, so think of it less of a photo session, and more of a chance to just hang out with me!!

I can't wait for our session together!